



FEMARA INSTRUCTIONS

- Call the office on day 1 or 2 of menses to schedule a Femara “Cyst Check” scan to be performed on day 2 or 3 of cycle (Cycle day 1 is the first day you wear a sanitary napkin or tampon). If no answer at the office, please leave a message.
- Take Femara pills as prescribed on Cycle Days 3-7 of cycle.
- Schedule a cycle day 9 or 10 “Femara Ultrasound” to determine if medicine worked.
- If Dr. Brown determines that your follicles are large enough, then you may take an Ovidrel trigger shot between 6-9 pm on the evening he feels is appropriate.
- Plan to return to the office the next day or day after using Ovidrel for possible insemination.
- If this month of Femara with insemination does not result in pregnancy and you desire to proceed with another Femara cycle the following month, please call our office to schedule a day 2 or 3 Femara ultrasound to rule out possible ovarian cyst prior to initiating the next course of Femara.

PLEASE NOTE:

- If cycle day 1 falls on a Saturday, do not call the office. Instead, just come to our Baptist South office between 7-9 am on Monday for a scan/cyst check; Please do not call, just show up.
- Be sure you are taking folic acid, at least 400 micrograms per day and abstain from other medication use.